

If anyone knows about making the most of the summer glut, it is jam company **England Preserves**. Its jam is made in small batches from locally sourced ingredients at the peak of their season. I'll be making sandwiches with Berkswell cheese and the Pear, Date and Ale Chutney putting the Cherry Amour in a Bakewell tart and slathering the Raspberry Deluxe on my scones. Prices start at £4.20 for a 210g jar.

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